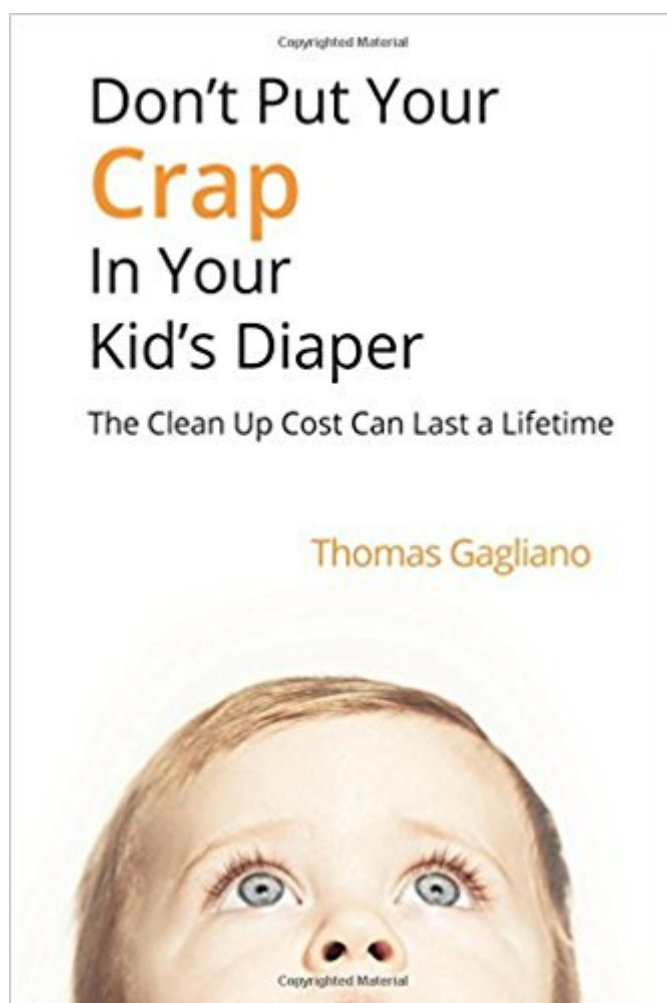


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# Don't Put Your Crap In Your Kid's Diaper: The Clean Up Cost Can Last A Lifetime



## Synopsis

Throughout our lives, we receive many powerful messages from society, siblings, media, peers, and coworkers. But none are more powerful than the ones from our caregivers. These messages affect our development well into adulthood, impacting our intimacy, parenting skills, and even career choices. In *Don't Put Your Crap in Your Kid's Diaper: The Clean Up Cost Can Last a Lifetime*, author Thomas Gagliano helps parents separate the healthy messages from the dysfunctional ones to better create a nurturing environment for themselves and their children. In a healthy family, the parents meet the emotional and physical needs of their partner. This type of environment allows the children to have the confidence they need to focus on themselves, rather than attempting to fix a void in their parent's relationship. In the vein of John Bradshaw, Claudia Black, and Dr. Abraham Twerski, Gagliano focuses on building self-awareness to improve the chances of making good choices—which, in turn, lead to healthy habits. Focusing on the underlying reasons for behavior, this book helps parents evaluate, change, and ultimately improve their parenting skills.

## Book Information

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## Customer Reviews

Thomas Gagliano earned a BA from Seton Hall University and an MSW from Rutgers University. A leader in the field of addiction and self-help therapy, he has been a featured keynote speaker throughout the country, and made numerous radio and television appearances. He actively facilitates parenting groups and regularly consults with couples on ways to give their children the healthy messages they may have been denied in their own childhood. Currently residing in New Jersey with his wife of thirty-three years and their four children, Gagliano coauthored *The Problem*

Was Me with Dr. Abraham Twerski. Don't Put Your Crap in Your Kid's Diaper: The Clean Up Cost Can Last a Lifetime was inspired after realizing that he incurred a void in his life as a childhood bully. He offers this book as a means to help others identify their shortcomings and live a healthier life.

Once again, it is clear that Thomas Gagliano is a terrific author with a terrific message. The title of the book certainly gets your attention (!), but when you start reading it, you realize the author provides concrete help with the most important and difficult job we all have--being a better parent to your kids than the parenting you received. This volume shows you how to avoid the family cycles of dysfunction, and enable your children to experience a healthy, loving sense of self that you didn't have. It's hard work, but he shows you that it can be done. An encouraging, excellent read!

Very informative book! Great read!!!! Would recommend this book to friends and family. Will keep it handy to do some of the recommended exercises.

Brilliant. so practical, relevant and easy to read. a Must for all Parents

Tom writes as if he is telling my story. Toms self awareness and awareness of the challenges that face parents and our kids today is uncanny and spot on. He has a gift in his ability to communicate in non threatening and simple to understand. There is no judgement in his conclusions, rather a solution based approach to personal understanding and on how to connect with our children and families so that we can all grow in our skills of intimacy, compassion for our children, loved ones and ourselves. Reading Toms thoughts are like sitting with an old friend who wants to help me see clearer. A must read for parents, grand parents, or all who seek healthier relationships our families and all relationships.

Great book. I read it from cover to cover and I don't usually read or review books but this is one that I wanted to read. The book covers a variety of topics about parenthood, including how the parents' childhoods can affect them as adults, and how they can pass on dysfunctional behaviors to their children. There's also a lot of talk about bullying and what part kids can play (bully, victim, bystander, etc) and why they might do it based on the messages they get from home (their parents). The book also talks about solutions to overcome dysfunction and "clean up your crap"... but you must first become aware of the "crap". Bottom line is that this book will help you with set good

boundaries that create healthy habits so that your kids can make healthy decisions, and do it on their own. I don't think there's much else I can say that isn't already said in the book's description or in the other reviews. I'm just going to say that I thought this was a very good book overall and would definitely recommend it, especially to parents. NOTE: I was sent a free product sample for review. I was not paid or told what to write.

We have all been children and are the results, for good or bad, of our homes of origin.

Unfortunately, dysfunctionality is rampant in our society and our families carry the brunt of that mess. Since our children learn how to "parent" their children from us we, too often, pass our dysfunctional characteristics on to the next generation and so on. It is time to put a stop to this process and develop healthy self-aware and self-actualizing children who can do the same for their children. In this new book by Thomas Gagliano describes these dysfunctional traits in clear understandable, sometime humorous, formats. He then gives us practical ways of cutting the cycle so that our children will not have to suffer in a messed up world like we have. It's up to us to do something about it. [tomlaw.org/booksummareis](http://tomlaw.org/booksummareis)

Thomas Gagliano, a parenting and relationship expert and leader in the field of addiction and self help therapy, shares an understanding of the cycle of fear developed bringing about bullying and anger issues, and at times, a loss of greater self respect and intimacy. READ THIS BOOK to understand how the home environment, the media's direct or indirect messages, and how society functions either contributes to a healthy or unhealthy child. As parents, we influence our children's perceptions of the world and how the world perceives them. Being an example in your everyday expressions and actions are more important than just telling your child what to do. So, enjoy your child's growth as reflected by your own choices for personal development. Tom guides you to evolving into a more effective parent, creating a more intimate and loving family life, and a healthier future adult.

This book is wonderful. Insightful as well as entertaining. A quick read, with practical, useful, easy to understand concepts. As a professional child care provider I would recommend this book to all my clients.

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